

# OSHA 10-hour Certification for General Industry Course Summary

**Length of Course:** 10 hours (1 or 2 day sessions available)

**Course Description:**

- This interactive session presents a variety of standards in 1-hour increments with presentations that can be specifically tailored for your industry.
- OSHA recommends Outreach Training Program courses as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1910.
- Upon successful completion of the course, participants will receive an OSHA 10-Hour card from the Department of Labor.

**Required topics include:**

- Introduction to OSHA
- Walking-Working Surfaces
- Exit Routes and Fire Prevention Plans
- Electrical

**Options depending upon industry:**

- Powered Platforms, Manlifts, and Vehicle-Mounted Work Platforms
- Occupational Health and Environment Control
- Personal Protective Equipment
- Permit-Required Confined Spaces
- The Control of Hazardous Energy (lockout/tagout)
- Fire Protection
- Machinery and Machine Guarding
- Powered Tools and Other Hand-Held Equipment
- Welding, Cutting, and Brazing
- Toxic and Hazardous Substances
- Intro to I.H./ Bloodborne Pathogens
- Materials Handling and Storage
- Safety and Health Programs

**Target Audience:**

- Managers
- Supervisors
- Foremen
- Safety Program Administrators
- Employees
- Safety Committee Representatives
- Anyone with an interest in safety