

OSHA 10-hour Certification for Construction Course Summary

Length of Course: 10 hours (1 or 2 day sessions available)

Course Description:

- This interactive session presents a variety of standards in 1-hour increments with presentations that have been specifically tailored for light and residential construction.
- OSHA recommends Outreach Training Program courses as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1926.
- Upon successful completion of the course, participants will receive an OSHA 10-Hour Construction card from the Department of Labor

Required topics include:

- Introduction to OSHA
- Electrical
- Fall Protection

Options depending upon industry:

- Cranes, Derricks, Hoists, Elevators and Conveyers
- Recordkeeping
- Signs, Signals and Barricades
- Motor Vehicles, Mechanized Equipment, Construction Equipment
- Materials Handling/ Storage Scaffolding
- Excavations
- Stairways/ Ladders
- Health and Environmental
- Personal Protective Equipment
- Fire Protection
- Concrete and Masonry
- Steel Erection
- Underground
- Demolition
- Power Transmission
- Rollover Protective Structures
- Confined Spaces
- Tools
- Welding/ Cutting

Target Audience:

- Managers
- Supervisors
- Foremen
- Employees
- Safety Committee Representatives
- Anyone with an interest in safety