

DOT Substance Abuse Awareness Seminar Summary

Length of Course:

- 3 hours (employees)
- 4-hours (supervisors)

Course Description:

- This interactive session identifies the causes, indicators, and resultant problems of substance abuse and substance dependency in the US transportation industry. It describes the US laws that relate to drug and alcohol testing of transportation employees and outlines DOT regulations that enforce compliance among transportation employers

Topics covered in this course:

- Impacts of Substance Abuse In The Workplace
- Personal Impacts of Substance Abuse
- Why People Use Substances
- Understanding Addiction
- Signs and Symptom of Substance Abuse
- Policies/ Employee Assistance Program
- Reasonable Suspicion Testing (Supervisors)
- Employee Intervention (Supervisor)

Target Audience:

- Managers
- Supervisors
- Employees
- All companies with drug free workplace.
- All transportation employees; safety-sensitive transportation employees; service agent