



## First Aid/ CPR/ AED Course Summary

**Course Name:**

- A) First Aid/ Adult CPR
- B) First Aid/ Infant, Child, Adult CPR (Optional)
- C) Automatic External Defibrillator (Optional)

**Length of Course:**

- A) First Aid/ Adult CPR (4-hours)
- B) First Aid/ Infant, Child, Adult CPR (5-hours)
- C) Automatic External Defibrillator (Add 1-hour)

**Course Description:**

- This interactive and hands on session provides participants with the knowledge, skills and abilities to handle emergency first-aid situations.
- Safety Links is an authorized provider of Red Cross First Aid and CPR.

**Topics include:**

- What to do before giving care
- Checking an injured or ill person
- Breathing emergencies (+ infant/ child if applicable)
- Cardiac emergencies (+ infant/ child if applicable)
- CPR (+ infant/ child if applicable)
- AED (if applicable)
- Soft Tissue injuries
- Injuries to muscles, bones and joints
- Sudden illnesses
- Heat/ cold related emergencies

**Target Audience:**

- Anyone interested.

**Prerequisite:**

- None.

**Additional classroom dates/ locations:**

- Refer to the Safety Links training calendar at <http://www.safetylinks.net/c1.asp> for upcoming classroom dates and locations.

For more information on this course or to speak to your Safety Coach about customization or on-site instruction contact:

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